

TO: All Members

From: Kandy Sweeney, CEO

Re: Re-opening the Association Office

Date: May 20, 2021

It is with great pleasure that we announce the re-opening of the Association Office after 15 months of “by appointment” only. We have started having some classes/meetings at the office while still following the most recent guidelines from the CDC.

Effective **Monday, May 24, 2021** the Association office will be following the most recent guidelines from the CDC (May 13, 2021): Just a few key points are below:

- Fully vaccinated people no longer need to wear a mask or physically distance in any setting, except where required by federal, state, local, tribal, or territorial laws, rules and regulations, including local business and workplace guidance.
- Fully vaccinated people can refrain from testing following a known exposure unless they are residents or employees of a correctional or detention facility or a homeless shelter.
- Resume domestic travel and refrain from testing before or after travel or self-quarantine after travel.
- Refrain from testing before leaving the United States for International travel and refrain self-quarantine after arriving back in the United States.

We are all looking forward to getting back to the “New” normal way of life both personally and professionally and having YOU, the members back attending Classes/events or just stopping by the Association to say Hello.

Please do not hesitate to reach out to myself or any of the staff members at the Association office.

Thank you all for your continued support and participation – we really appreciate each & every one of you!

Get a COVID-19 vaccine



It's SAFE!

\$0.00

It's FREE!



It will help PROTECT you and your family!



You might get side effects. But you should FEEL BETTER in a few days.



Get the FIRST vaccine you can!



Keep taking basic prevention steps when recommended.

Choosing Safer Activities

Accessible link: <https://www.cdc.gov/coronavirus/2019-nCoV/daily-life-coping/participate-in-activities.html>

	Unvaccinated People	Examples of Activities	Fully Vaccinated People
		Outdoor	
Safest		Walk, run, wheelchair roll, or bike outdoors with members of your household	
		Attend a small, outdoor gathering with fully vaccinated family and friends	
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	
Less Safe		Dine at an outdoor restaurant with friends from multiple households	
Least Safe		Attend a crowded, outdoor event, like a live performance, parade, or sports event	
		Indoor	
Less Safe		Visit a barber or hair salon	
		Go to an uncrowded, indoor shopping center or museum	
		Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	
Least Safe		Go to an indoor movie theater	
		Attend a full-capacity worship service	
		Sing in an indoor chorus	
		Eat at an indoor restaurant or bar	
		Participate in an indoor, high intensity exercise class	

Get a COVID-19 vaccine



Prevention measures not needed



Take prevention measures

Wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.



cdc.gov/coronavirus